



Northumberland Girl's and Women's Football League

Est. 2005

League Cup and Shield Rules 2009-10

Normal League Rules and Regulations apply with the following additions: -

1. Under 10, 12 mini soccer league cup matches are single games played over 50 minutes. If at the end of 50 minutes there is a tie penalties are taken. Initially 3 (THREE) penalties are taken alternately by each team to determine the winner. Apart from this normal FA rules on penalties apply.
2. Under 13 9-a-side and Under 14, 15 and 16 11-a-side league cup matches are single games. Under 13 are 70 minutes, under 14 & 15 are 80 minutes and Under 16 are 90 minutes in duration. Should there be a tie at the end of the match penalties are to be taken alternately by each team in accordance with normal FA rules on penalties.
3. All Shield matches are single matches. If at the end of normal time there is a tie penalties are to be taken alternately by each team. For mini soccer this is initially 3 (THREE) and for 11-a-side this is initially 5 (FIVE) penalties. Apart from this normal FA rules on penalties apply.
4. All Finals are to be played at Cramlington Sporting Club on a date to be decided by the Committee.